



KLE Academy of Higher Education and Research Deemed-to-be-University  
[Re-accredited 'A' Grade by NAAC | Placed in Category 'A' by MHRD (GoI)]  
**JAWAHARLAL NEHRU MEDICAL COLLEGE,**  
**BELAGAVI**

## **YOUTH RED CROSS UNIT**

11 October, 2021

### **REPORT**

### **POSTPARTUM DEPRESSION AWARENESS SESSION**

On the occasion of World mental health day, celebrated on 10<sup>th</sup> October, the Youth Red Cross unit of J.N. Medical College organized a 'Postpartum Depression Awareness' session for the pregnant women of Rukhmini Nagar, Belagavi in collaboration with the Psychiatry department. The session started at 10:00 am at Rukhmini Nagar PHC and was attended by 30 expecting mothers. Women were sensitized about postpartum depression, problems faced by mothers postdelivery, institutions to approach and signs to recognize. The event concluded at 12pm. The students later interacted with the women and clarified the doubts the women had. The event was followed by an ANC camp where the students volunteered to examine the pregnant women.

SL NO	PARTICULARS	
1	Name of the program	POSTPARTUM DEPRESSION AWARENESS SESSION
2	Program organized by (Dept)	YOUTH RED CROSS UNIT, JNMV
3	Department /Association involved	PSYCHIATRY DEPARTMENT, JNMV
4	Date	11/10/2021
5	Duration	2 HOURS
6	Location	Rukhmini Nagar PHC, Belagavi
7	Objective of the program	To sensitize women about the importance of awareness of postpartum depression.
8	Activities carried out during the program	1. An Interactive session with the women using audio visual aids.
9	No. of students participated	8
10	No. of Teachers participated	1
11	No. of YOUTH RED CROSS Volunteers present	2



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12	No. of Beneficiaries Benefited from the programme	30
13	Photographs	ATTACHED
14	Press clippings	NONE
15	Any other information	-

### LIST OF YOUTH RED CROSS VOLUNTEERS

SERIAL NO.	NAME
1	BRINDA KOLAR
2	MANSI GOSAIN

### LIST OF STUDENT VOLUNTEERS

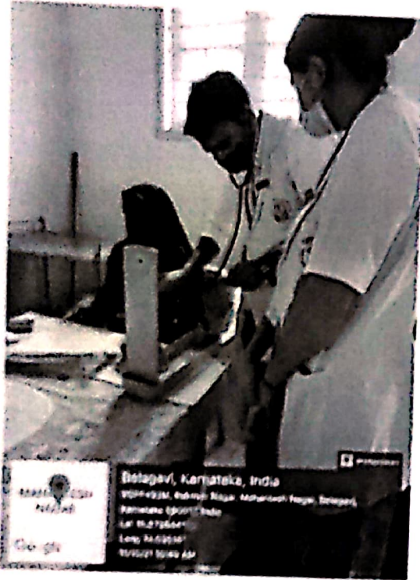
REG. NO.	NAME
AA0119079	Jhanvi Singh
AA0119197	Yash Singhal
AA0119130	Rakshit Munavalli
AA0118122	Shraddha rajge
AA0119036	Antara Moghe
AA0118116	Praneeth jain
AA0118034	Ashwin thampy
AA0118126	Rohin biju



Research Deemed-to-be-University

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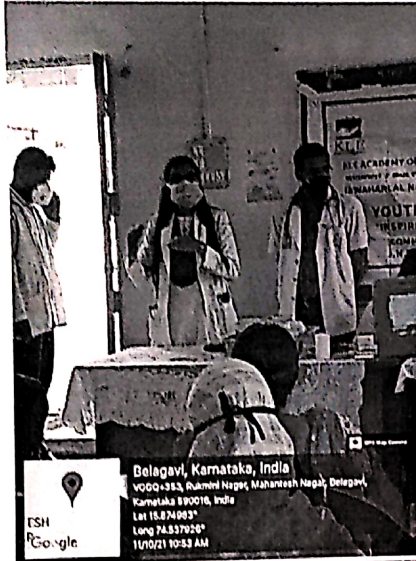




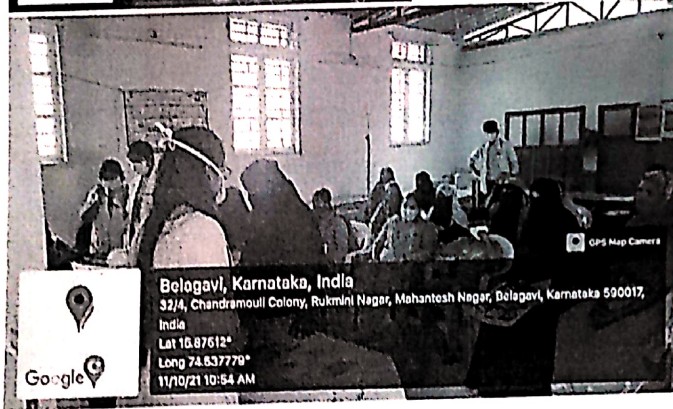
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## **YOUTH RED CROSS UNIT**



Belagavi, Karnataka, India  
V000-383, Rukmini Nagar, Mahantesh Nagar, Belagavi,  
Karnataka 590016, India  
Lat 15.874083°  
Long 74.837026°  
11/10/21 10:53 AM



Belagavi, Karnataka, India  
32/4, Chandremouli Colony, Rukmini Nagar, Mahantesh Nagar, Belagavi, Karnataka 590017,  
India  
Lat 16.87612°  
Long 74.837779°  
11/10/21 10:54 AM

*Avinash*  
CHAIRMAN  
YOUTH RED CROSS UNIT  
DR. AVINASH KAVI

*M.H.*  
DR. N.S. MAHANTASHETTI  
J.N. MEDICAL COLLEGE, BELAGAVI

PRINCIPAL  
JAWAHARLAL NEHRU MEDICAL COLLEGE  
BELAGAVI