



KLE Academy of Higher Education and Research Deemed-to-be-University
[Re-accredited 'A' Grade by NAAC | Placed in Category 'A' by MHRD (GoI)]
JAWAHARLAL NEHRU MEDICAL COLLEGE,
BELAGAVI

YOUTH RED CROSS UNIT

17TH NOVEMBER, 2021

REPORT

DIABETES HEALTH CAMP

On the occasion of World Diabetes Day, celebrated on 14th of November, the Youth Red Cross unit of J.N. Medical College in collaboration with the Department of Medicine.

organized a 'Diabetes Health Camp' in Primary Health Centre, Vantamori, on 17th of November 2021.

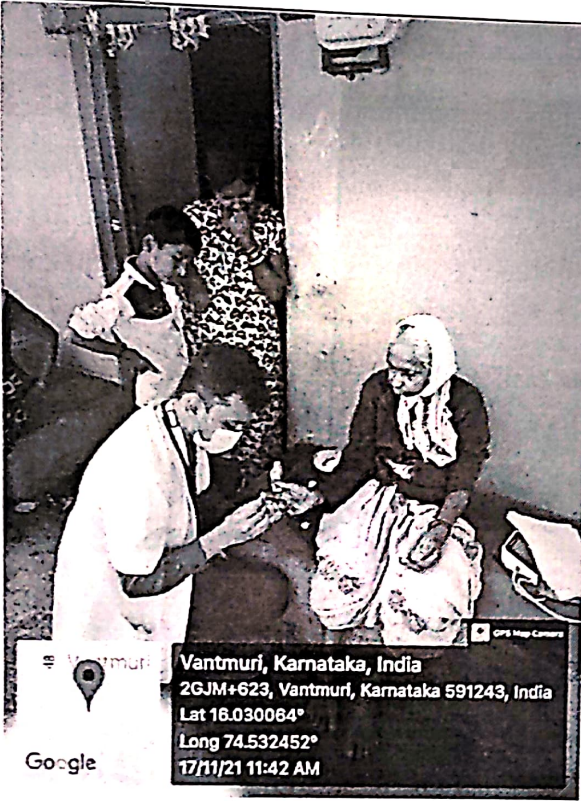
The camp took place on the grounds of PHC Vantamori, starting at 9AM, with the volunteers from the Youth Red Cross Unit of JNMC collecting people from door to door in the Vantamori village and spreading awareness about the importance of regular health checkups. Following this, the Random Blood sugar and blood pressure of the population above 30, amongst other parameters, were checked by the volunteers, score according to IDRS was noted and appropriate advice was given by the medicine post-graduates and interns accompanying the students for the camp. Patients requiring further medical evaluation were referred to KLE'S Dr. Prabhakar Kore Hospital. The camp concluded at 1PM with a total of 128 patients evaluated and 11 being referred to the hospital with high blood sugar and blood pressure.

SL NO	PARTICULARS	
1	Name of the program	DIABETES HEALTH CAMP
2	Program organized by (Dept)	YOUTH RED CROSS UNIT, JNMC
3	Department /Association involved	MEDICINE DEPARTMENT, JNMC
4	Date	17/11/2021
5	Duration	4 hrs
6	Location	Primary Health Centre Vantamori
7	Objective of the program	To screen at risk population in Vantamori village for high blood sugar.
8	Activities carried out during the program	1. Assessment of RBS, BP, waist circumference, IDRS score. 2. Spreading awareness about Diabetes and its risk factors 3. Giving appropriate advice to patients
9	No. of students participated	15 + 1 PG + 2 interns
10	No. of Teachers participated	0
11	No. of YOUTH RED CROSS Volunteers present	2
12	No. of Beneficiaries Benefited from the programme	128
13	Photographs	ATTACHED
14	Press clippings	NONE
15	Any other Information	-

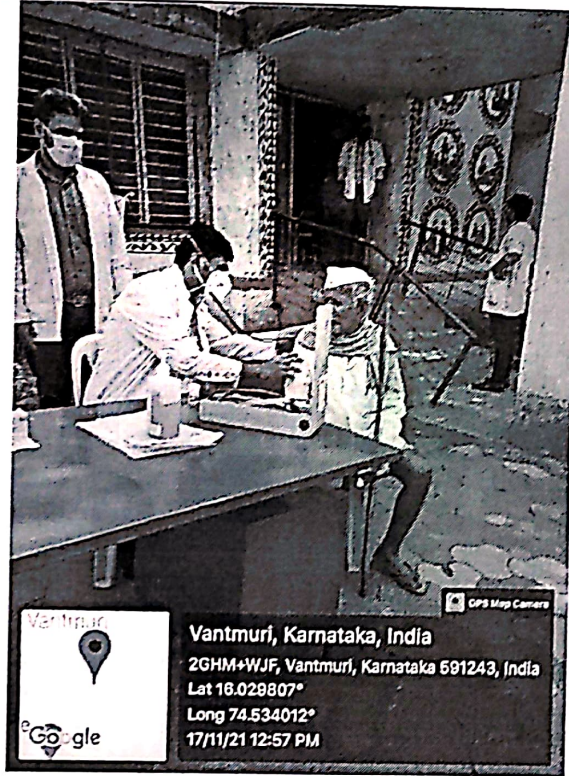


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YOUTH RED CROSS UNIT



Vantmuri, Karnataka, India
 2GJM+623, Vantmuri, Karnataka 591243, India
 Lat 16.030084°
 Long 74.532452°
 17/11/21 11:42 AM



Vantmuri, Karnataka, India
 2GHM+WJF, Vantmuri, Karnataka 591243, India
 Lat 16.029807°
 Long 74.534012°
 17/11/21 12:57 PM

LIST OF YOUTH RED CROSS VOLUNTEERS

SERIAL NO.	NAME
1	JAYADEEP ROUT
2	MANSI GOSAIN

LIST OF STUDENT PARTIPANTS

SERIAL NO.	NAME
1	VANSHIKA BABBAR
2	JAHANVI SINGH
3	SHREEJYOT SARNOBAT
4	VEERESH GOGREI
5	SAI ASHRITHA
6	MOHIT AGARWAL
7	SHEFALI DUTTA
8	INESH BHUTADA
9	BHARAT MIDDHA
10	NIHAR MUDNUR
11	BHOOMI BAGADIA
12	SARA SINGH



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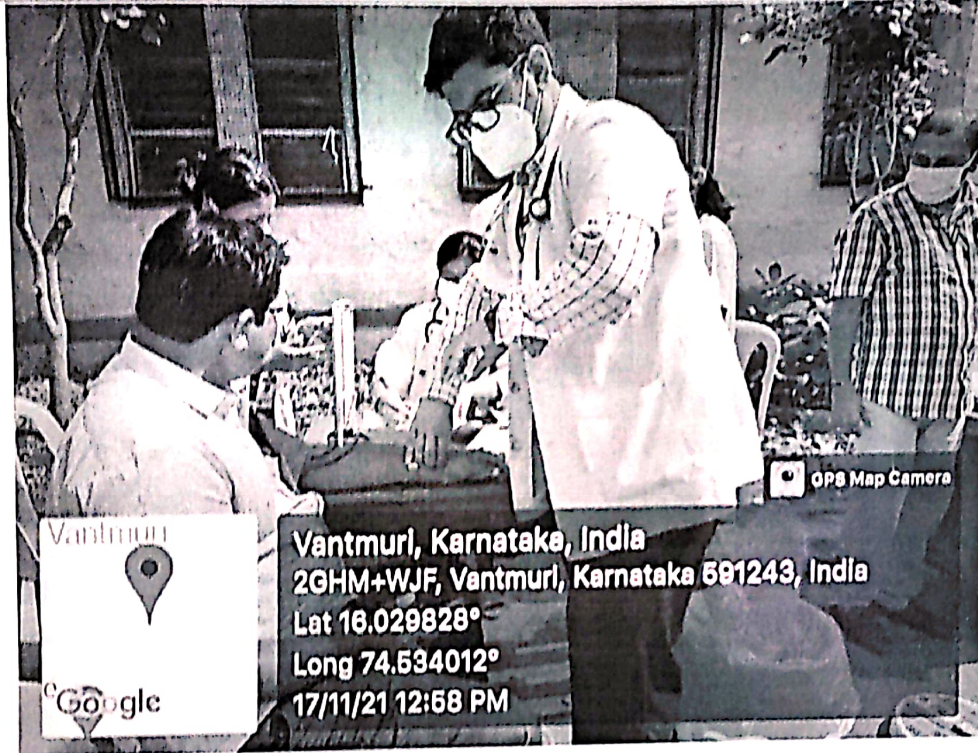
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BELAGAVI**

YOUTH RED CROSS UNIT

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SHIREYAS KUMBHAR



Photograph of the event.



YOUTH RED CROSS UNIT

DIABETES HEALTH CAMP
 YOUTH RED CROSS COMMITTEE
 JAWAHARLAL NEHRU MEDICAL COLLEGE, BELAGAVI

1. NAME - Poojara Shivaj Gunde STATION - A-77
 2. AGE - 56 FOOD - ff - 12 balls per day
 3. SEX - F
 4. DIET - Vegetarian
 5. OCCUPATION - Kodhi cleaning CC - Tingling sensation in hands & feet
 6. PHYSICAL EXERCISE - Mild
 7. HABITS - NIL
 8. FAMILY HISTORY - -
9. GENERAL PHYSICAL EXAMINATION -
- TEMPERATURE - Febrile/Absent
 - HEART RATE - 90 bpm
 - PULSE RATE - 90 bpm
 - RESPIRATORY RATE - 18 cpm
 - BLOOD PRESSURE - 126/68 mm of hg over
 - RANDOM BLOOD SUGAR - 521 mg/dl IDRS
 - HEIGHT - 149 cm
 - WEIGHT - 48 kg
 - BMI - 21.62 kg/m sq
 - WAIST CIRCUMFERENCE - 75 cm
 - PERIPHERAL PULSATION - felt

SCORING ACCORDING TO INDIAN DIABETES RISK SCORE

Categorized risk factors	Score
Age (in years)	
<35	0
35-49	20
≥50	30 ✓
Abdominal obesity	
Waist circumference female <80 cm, Male <90 cm (Reference)	0 ✓
Female 80-89 cm, Male 90-99 cm	10
Female ≥90 cm, Male ≥100 cm	20
Physical activity	
Vigorous exercise or strenuous at work	0
Moderate exercise at work/home	10
Mild exercise at work/home	20 ✓
No exercise and sedentary at work/home	30
Family history	
Two non-diabetic parents	0 ✓
Either parent diabetic	10
Both parents' diabetic	20
Total	100

IDRS = 50

Performa used for Evaluation

Avinash Kavi

Chairman
 Dr. Avinash Kavi
 Red Cross Committee

M. N. S. Mahantashetti

Principal
 Dr. N. S. Mahantashetti
 J. N. Medical College, Belagavi

PRINCIPAL
 JAWAHARLAL NEHRU MEDICAL COLLEGE
 BELAGAVI