



YOUTH RED CROSS UNIT

9th August 2021

REPORT

BREAST-FEEDING and MENSTRUAL HYGIENE AWARENESS CAMP

After marking the occasion of World Breast-feeding Week on 7th August 2021, The Youth Red Cross Unit in collaboration with Rotaract Club of Belagavi, volunteered to assist RUKMINI NAGAR UHC in their ongoing ANC and PNC camp. A Breastfeeding awareness session for pregnant women and Menstrual hygiene awareness session for woman of reproductive age group was conducted at community hall of the Urban Health Center. The volunteers were given opportunity to talk to pregnant women about breast-feeding techniques and the importance of right latching methods with the help of videos. They discussed about menstrual hygiene and distributed free pads to women. The also students administered COVID vaccines as a part of an already ongoing vaccination drive at the UHC. The objectives of organizing the camp were met and the camp ended at 3 pm.





YOUTH RED CROSS UNIT

Sl. No.	PARTICULARS	
1	Name of the program	BREAST-FEEDING and MENSTRUAL HYGIENE AWARENESS CAMP
2	Program organized by (Dept)	YOUTH RED CROSS UNIT, JNMU
3	Department /Association involved	Department of Community Medicine/ Rotaract Club
4	Date	09/08/2021
5	Duration	11 AM to 5 PM
6	Location	Rukmini Nagar UHC, Belagavi
7	Objective of the program	<ul style="list-style-type: none"> To spread awareness among the pregnant and new mothers about the importance of breastfeeding, latching techniques and basic neonatal care. To examine women at ANC and PNC checkup camp. To administer COVISHIELD vaccine to the people. To administer TT injections to the pregnant woman. To distribute free sanitary pads to the target audience.
8	Activities carried out during the program	<ul style="list-style-type: none"> An interactive session with the participants was arranged, demonstrating different complaints that mothers usually have during puerperium and breastfeeding. The women made aware about techniques in breastfeeding and neonatal care. Administration of COVID-19 vaccines. Administration of TT injections to expectant mothers who needed it. Distribution of free sanitary napkins
9	No. of students participated	14
10	No. of Teachers participated	-
11	No. of YOUTH RED CROSS Volunteers present	9
12	No. of Beneficiaries Benefited from the programme	60-70
13	Photographs	ATTACHED
14	Press clippings	NONE
15	Any other information	-



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JAWAHARLAL NEHRU MEDICAL COLLEGE, BELAGAVI

YOUTH RED CROSS UNIT





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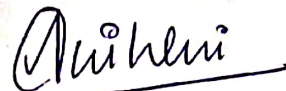
**JAWAHARLAL NEHRU MEDICAL COLLEGE,
BELAGAVI**

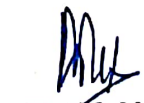

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LIST OF PARTICIPANTS

Register No.	Name of the Students
AA0119037	Anuhya Vijapura
AA0119054	Shaunak BOse
AA0119109	Namrata M
AA0119185	Swati V
AA0119139	Ruchi Singh
AA0118070	Jayadeep Rout
AA0118092	Mansi Gosain
AA0118099	Mohit Agrawal
AA0118103	Nandita Dangi
AA0118112	Sushmita Pedde
AA0118151	Shefali Dutta
AA0118183	Tanya Das
AA0118186	Tarini Dubey
AA0118194	Vedavi Jeyakumar

Name of the Student
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Nandita Dangi
Sushmita Pedde
Shefali Dutta
Tanya Das
Tarini Dubey
Vedavi Jeyakumar


DR. AVINASH KAVI
CHAIRMAN
YOUTH RED CROSS UNIT
J.N. MEDICAL COLLEGE


DR. N.S. MAHANTASHETTI
PRINCIPAL
J.N. MEDICAL COLLEGE

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