



KLE ACADEMY OF HIGHER EDUCATION AND RESEARCH BELAGAVI.
JAWAHARLAL NEHRU MEDICAL COLLEGE
BELAGAVI - 590 010, KARNATAKA (INDIA).

E-Mail: principal@jnmc.edu

Phone: 0831- 2471350

FAX No: 91-0831-2470759

Overview of Health and Wellness Facility - Unique Sporting Academy

OBJECTIVE – To groom and promote talent in aquatics and the related sports as well as provide a facility for physical activity for a healthy lifestyle.

In our commitment to education at KLE, the focus has always been on holistic education and hence promotion of sports and related activities are an integral part for the learning process.

Swimming is sometimes referred to as the perfect exercise. According to one study students who are regular swimmers have better mastery over language, fine tuned motor skills , besides having superior physical development and confidence . Thanks to our swimming pool , our students have the facility for a holistic workout and whole lot of fun at the same time.

Swimming is a form of an easy and fun way of getting physical acitivity for healthy lifestyle . It also provide a good way to relieve the stresses and tension associated with higher learning institutions. Besides , it gives the students the chance to perfect their skill. In an attempt to provide impetus to the sport swimming , the KLE Society has constructed a state of the art swimming pool of Olympic standards at the J N Medical College campus, Belagavi. This 50 x 25 mts swimming pool has been constructed with the objective to groom and promote talent in aquatics and the related sports.

The Suvarna JNMC Swimming pool shall be inaugurated by Satish Jarkhiholi Hon'ble Minister for excise and Minister in charge of Belagavi district Govt of Karnataka. The Unique Sporting Academy manages the Suvarna JNMC olympic size swimming pool of the KAHER. The swimming pool provides membership facility to the students with 50% concession in fees. The coaching camp of 21 days is conducted for students who want to learn to swim. The competitive training is provided for competitive swimmers which will help them to participate in various swimming competitions held by various universities. The sessions are conducted in morning and evening time which will help the students to make use of the swimming pool after academic activities.

Expected outcome : To improve the overall health and wellness of the students and also provide a recreational activity for the students of JNMC.


Principal,

J. N. Medical College, Belgaum



SUVARNA-JNMC

Olympic Size Swimming Pool

(Managed by : UNIQUE SPORTING ACADEMY (Regd.)

Besides District Stadium, JNMC Campus, Nehru Nagar, Belgaum

Ph. : 0831 - 2427333

Type of Membership	Fees
Three Months (During June to January End)	₹ 5000/-
Six Months	₹ 7000/-
One Year	₹ 10000/-

Coaching Camp

21 Days (Learn to Swim)	₹ 3000/-
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Coaching & Competitive Training (Only for those who are taking part in the swimming Competition)

Three Months (Competitive Swimmers)	₹ 6000/-
Six Months (Competitive Swimmers)	₹ 8000/-
One Year (Competitive Swimmers)	₹ 11000/-

18% GST will be applicable on all above fees.

Daily Pass Holder	₹ 60/- (Per Hour)
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Timings

Morning Session 6:00 a.m. to 1:00 p.m. Saturday & Sunday till 2:00 p.m. (March, April, May)	Evening Session 4:00 p.m. to 9:00 p.m.
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Timings for Members and Competitive Swimmers

Morning Session

6:00 a.m. to 7:00 a.m.

7:00 a.m. to 8:00 a.m.

8:00 a.m. to 9:00 a.m.

Daily Pass Holder

9:00 a.m. to 10:00 a.m.

10:00 a.m. to 11:00 a.m.

11:00 a.m. to 12:00 noon

12:00 noon to 1:00 p.m.

1:00 p.m. to 2:00 p.m. (Sat. & Sun.)

Evening Session

4:00 p.m. to 5:00 p.m.

5:00 p.m. to 6:00 p.m. (Ladies & Kids)

6:00 p.m. to 7:00 p.m.

7:00 p.m. to 8:00 p.m.

8:00 p.m. to 9:00 p.m. (Lap Swimming)

Please Note :

- Every Monday Morning Session & Every Sunday Evening Session off
- **Age Limit 8 yrs. and above**
- Swimming Costumes and Cap is compulsory
- 50% concession for KLE Members, Staff (Teaching & Non Teaching) & Students on production of Identity Card Zerox & a Photograph.
- 25% Concession on all memberships for the Children of KLE members & KLE Staff up to age of 15 years.
- *Fees once paid will not be refunded or transferred.*
- *Do not bring valuable articles, if lost, management is not responsible.*
- No extension of membership duration is allowed.
- Do not waste water.
- Kindly use lockers only during swimming hours. Kindly bring your own lock & take back after use.
- Right of Admissions Reserved.

For Details Contact following Swimming Coaches :

Mr. Umesh G. Kalghatgi - 94481 87333

Mr. Prasad P. Tendolkar - 98454 29093 • Mr. Nitish Y. Kuduchkar - 99644 39844



JAWAHARLAL NEHRU MEDICAL COLLEGE

*KLE Academy of Higher Education & Research
(Deemed-to-be-University)*

NEHRUNAGAR, BELAGAVI – 590010, KARNATAKA , INDIA



Accredited 'A' Grade by NAAC (2nd Cycle)

Place in Category 'A' by MHRD (GoI)

Office - (0831)-2471350

Website : <http://www.jnmc.edu>

Principal - (0831)-2471701

E-mail : principal@jnmc.edu

Fax : 91-0831-2470759

List of JNMC Students joined Suvarna JNMC Swimming pool for the year 2023

S/No	Name of the Student
1	Vishal Sehrawat
2	Ameet Nagal
3	A M Sachidananda
4	Prachi P Sawant
5	Suryam
6	Krishna P
7	Yash Shinde
8	Prachi Srivastav
9	Dhruv Banger
10	Rahul Arya
11	Shamil Fayis
12	Nandita Venkatesh
13	Amrutha S
14	Arushi Tyagi

Principal

J N Medical College Belagavi

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